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Microbiota-specific serum IgG links gut and joints through immune–endothelial crosstalk in arthritis

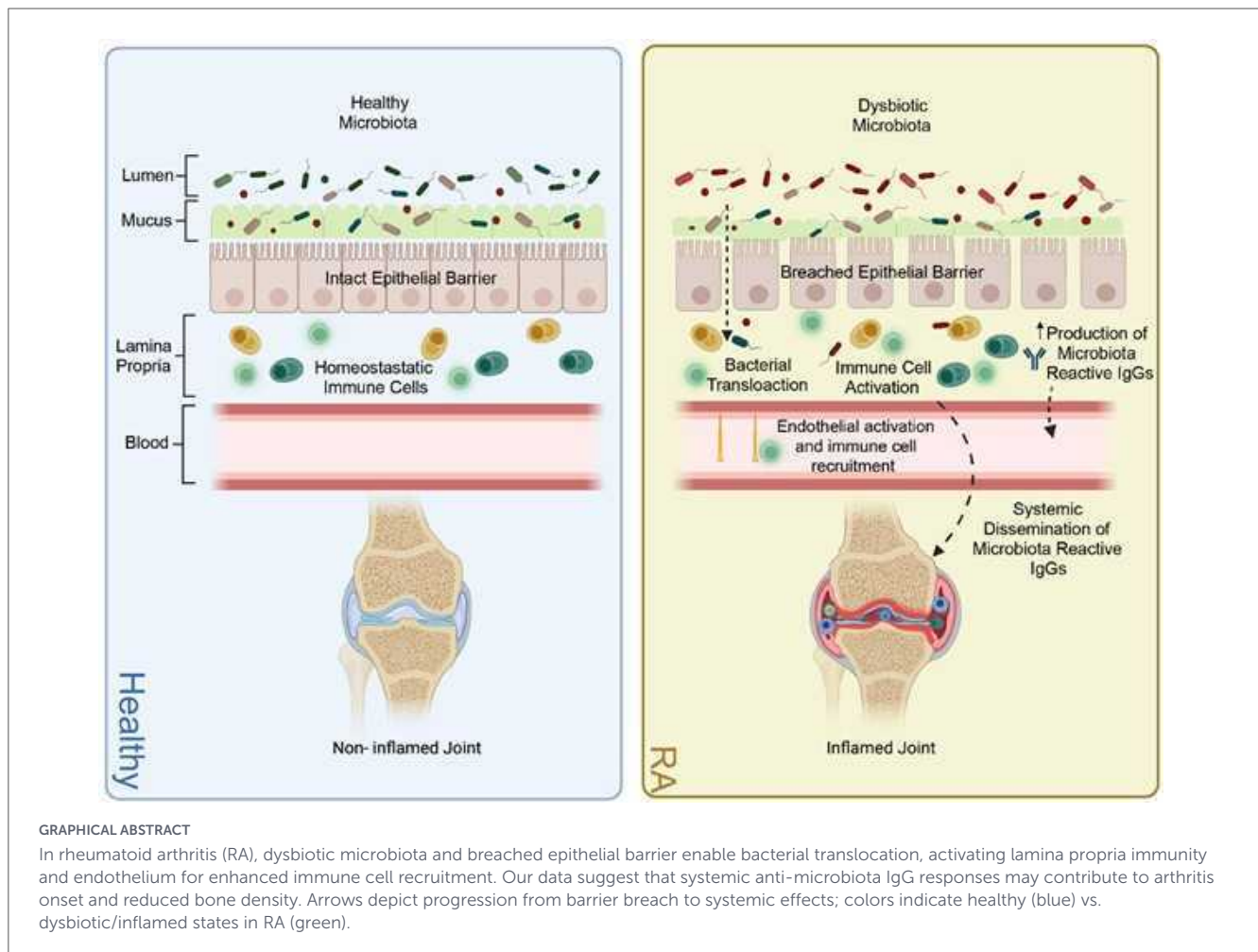
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Rheumatoid arthritis (RA) pathogenesis involves early gut immune alterations that precede clinical onset and systemic bone involvement. Using mouse and human imaging mass cytometry (IMC) and tissue sequencing, this study shows that intestinal endothelial and immune changes emerge before or coincide with arthritis symptom development. In the collagen-induced arthritis (CIA) model, intestinal vascular permeability and endothelial gene activation promoting leukocyte trafficking appeared prior to synovial inflammation. Spatial mapping of murine and human ileal tissues predicted enhanced epithelial–immune interactions and lymphoid activation, suggesting mucosal immune priming before joint pathology. Both gut-selective $\alpha 4\beta 7$ integrin blockade with vedolizumab and endothelial barrier enhancement by imatinib significantly reduced arthritis severity in CIA mice. After clinical onset, microbiota-specific IgG responses expanded to recognize rare gut bacteria, reflecting increased microbial exposure. Bone marrow endothelium exhibited interferon- I -driven inflammation and vascular activation, indicating tissue-specific endothelial dysfunction. Microbiota-reactive IgG increased during CIA—likely a response to increased bacterial antigen exposure and immune cell activation. Integrating mouse and human data, these findings define a mechanistic framework where endothelial barrier impairment, microbial translocation, and systemic endothelial activation initiate RA autoimmunity, revealing endothelial and mucosal pathways as targets for early intervention.

KEYWORDS

bone, endothelial cells, gut, microbiota specific IgG, Rheumatoid arthritis



Introduction

Rheumatoid arthritis (RA) is an autoimmune disease characterized by chronic synovial inflammation, progressive joint destruction, and systemic complications that lead to significant morbidity and reduced quality of life (McInnes and Schett, 2011). Although genetic predisposition and environmental factors—such as smoking and microbial exposures—modulate disease susceptibility, the precise triggers initiating RA remain incompletely understood (Holers et al., 2018). Increasing evidence suggests that the intestinal tract may play a pivotal role in the early stages of RA development (Jubair et al., 2018; Kuhn et al., 2025; Matei et al., 2021; Tajik et al., 2020; Zaiss et al., 2021).

The emerging concept of inter-organ communication in RA (Zundler et al., 2023) may extend beyond inflammation-mediated pathways to include direct early crosstalk between the gut and bone (Zaiss et al., 2019) before synovial inflammation occurs. Notably, microbiota-derived metabolites such as short-chain fatty acids (SCFAs), as well as intestinal colonization by *Prevotella* species, have been implicated in modulating bone density independent of inflammation (Lucas et al., 2018; Tyagi et al., 2018). Intestinal barrier leakage was shown in animal models of arthritis and RA patients (Matei et al., 2021; Tajik et al., 2020), even prior to arthritis onset (Hemgrem et al., 2024). However, while direct bacterial translocation has not been conclusively demonstrated in RA,

biomarkers indicative of microbial passage into the circulation—such as circulating bacterial DNA (16S rRNA gene copies) (Dunyach-Remy et al., 2025), lipopolysaccharide-binding protein (LBP), and soluble CD14 (sCD14) (Audo et al., 2022)—are elevated in patients' blood. In autoimmune diseases such as systemic lupus erythematosus (SLE), microbial translocation is known to promote chronic inflammation and autoantibody production by activating innate immune pathways and proinflammatory cytokine release (Gronke et al., 2025; Manfredo Vieira et al., 2018). Persistent bacterial translocation together with local mucosal immune activation in the intestine can induce systemic microbiota-specific immunoglobulin G (IgG) (Vujkovic-Cvijin et al., 2022; Zeng et al., 2016) similar to what was described following the translocation of gastrointestinal pathogens (Bernin et al., 2014; Vazquez-Torres et al., 1999). Although commensal gut bacteria can elicit systemic IgG under steady-state conditions (Ansaldo et al., 2019; Fadlallah et al., 2019), we hypothesized that heightened systemic cellular (White et al., 2025) or IgG responses against the gut microbiota may act as an additional trigger for arthritis onset and directly impact systemic bone density. Systemic IgG antibodies enter the bone marrow via its highly vascularized network of endothelial cells, mainly in the sinusoids. Anti-citrullinated protein antibodies (ACPAs) are present in the bone marrow of patients with RA and have a significant role in promoting osteoclast activation and bone resorption locally within this tissue (Harre

et al., 2015). Recent findings further confirmed that serum anti-modified protein antibodies (AMPAs) in RA patients bind gut microbes (Volkov et al., 2024). Together, these findings highlight how local immune activation in endothelial cells in the gut and the bones and microbiota-specific IgG may jointly impact bone erosion and disease onset in RA.

We used the collagen-induced arthritis (CIA) mouse model, which recapitulates key features of preclinical RA (Brand et al., 2007). Time-course analyses showed increased intestinal endothelial permeability in the pre-disease phase, indicating early vascular dysfunction. Intestinal endothelial transcriptomes revealed heightened activation and immune-cell recruitment before clinical onset, whereas bone endothelium displayed strongest transcriptional changes during active arthritis, demonstrating tissue-specific endothelial regulation. Longitudinal microbiota profiling revealed dynamic bacterial shifts accompanied by rising microbe-specific serum IgG levels, with expanding recognition of rare taxa, indicating progressively broadened systemic immune activation similar to inflammatory bowel disease (IBD) (Tabassum et al., 2025). Spatial immunophenotyping of mouse and human ileal biopsies by imaging mass cytometry (IMC) together with neighborhood analysis predicted enhanced immune activation and localized cellular clusters in early RA and IBD, in contrast to the healthy-like profile of established RA, emphasizing that intestinal immune disturbances arise predominantly during early disease.

Collectively, by linking gut-derived immune responses, vascular activation, and microbiota-specific serum IgG with potential effects on bone homeostasis, this study offers mechanistic insight into early RA pathogenesis and highlights the gut as a promising target for early intervention.

Results

Inflammatory arthritis alters cellular interactions in the ileum

To investigate intestinal changes in arthritis, we applied an IMC panel targeting endothelial, immune, and stromal cells (Supplementary Figure 1 and Supplementary Table 1) to ileal sections from naïve mice and CIA mice in order to define the changes in the cellular landscape and the cell interactions in the gut during the onset of arthritis. Mice were sacrificed every 5 days post-immunization (dpi) until 40 dpi. Three mice per timepoint and three region of interests (ROIs) per mouse yielded 847,433 single cells (Supplementary Table 2). Rphenograph ($k = 50$) identified 21 clusters, which were assigned to cell types based on marker expression and spatial location (Figures 1A,B, Supplementary Figure 2, and Supplementary Table 3). Paw swelling, and synovial inflammation in CIA mice began at 25 dpi (Figure 1C), but compared to naïve ileal histology, overall cell frequencies remained largely unchanged in IMC analysis in CIA mice (Figure 1D). However, spatial single-cell analysis allowed estimation and prediction of cell–cell interactions between cell types using Delaunay triangulation (max dist. = 20, Figure 2A). Here, cellular neighborhoods (CN) were defined based on these interaction predictions and remained stable across inflammatory

arthritis in CIA mice with CN1 (rich in CD8 T cells), CN2 (rich in epithelial/shedded cells), CN3 (rich in vascular endothelial cells (VECs) /macrophages), CN4 (rich in epithelial), CN5 (rich in proliferating crypts/macrophage subset 1), and CN6 (rich in smooth muscle cells (SMC)s/nerve fibers) (Figures 2B,C). Although the overall composition of CNs remained largely stable over time, the predicted interactions between specific immune cell types and other cell clusters shifted during disease progression. In the pre-disease phase, interactions between macrophage subset 2 and epithelial cells were predicted to be elevated within CN3 at 5 dpi. By 10 dpi, increased predicted interactions between macrophage subset 2 and intraepithelial lymphocytes (IELs) with VECs were observed. Following the onset of synovial inflammation, enhanced predicted interactions between CD8 T cells and epithelial cells appeared in CN3 at 35 dpi, while an increase in self-interactions among macrophage subset 1 occurred in CN5 at 40 dpi. No significant changes in immune cell–cell interactions were predicted in CN2, CN4, or CN6 (see Figure 2D). Taken together, intestinal cell–cell interactions in the pre-disease phase are predicted to be markedly changed during the development of arthritis.

Early endothelial activation in small intestine during development of arthritis

It was shown that a status of increased gut leakiness occurs in many inflammatory conditions, including RA, even before disease onset (Fukui, 2016; Hemgren et al., 2024; Matei et al., 2021; Tajik et al., 2020). While previous studies focused on the epithelial barrier (Guerreiro et al., 2018; Matei et al., 2021; Tajik et al., 2020), endothelial integrity can also be compromised, as shown in celiac disease (Spadoni et al., 2015). To test this, we performed *in vivo* imaging in CIA mice at 15 dpi (pre-disease) and co-housed naïve control mice. Mice received intravenous injections of fluorescently labeled lectin to mark vessels and 70 kDa dextran, which remains in intact vasculature but accumulates in crypts if the endothelial barrier is leaky. Representative images suggested an increase in FITC-Dextran-positive crypts in pre-diseased CIA mice (Figure 3A). We next investigated transcriptional changes in endothelial cells, by sorting viable CD45⁺ CD31⁺ cells from the small intestine followed by bulk RNA-seq. in unimmunized mice at 0 and 50 dpi (naïve controls) and in CIA mice at 15 (pre-disease), 25 (early disease), 35 (disease), and 50 (remission) dpi (Figure 3B, disease scores Supplementary Figure 9). PCA revealed a clear and progressive separation of pre-disease and early disease from healthy controls, with PC1 explaining 51% of the overall variance and therefore representing the dominant axis of transcriptional change across arthritis development. Notably, the genes contributing most strongly to PC1 were enriched for pathways involved in endothelial development and actin-filament assembly (Figures 3C,D)—core biological processes influencing endothelial barrier integrity (Beckers et al., 2010; Wilson et al., 2013)—highlighting their central role in distinguishing diseased from non-diseased states. Differential expression analysis revealed the strongest changes again in the pre-disease phase ($n = 148$ genes), followed by the early disease ($n = 83$) and disease phase ($n = 7$); no differentially expressed genes (DEGs) were detected in the remission phase (Figure 3E). Of note, the pre-disease phase was also the time when most significant cell–cell interactions were

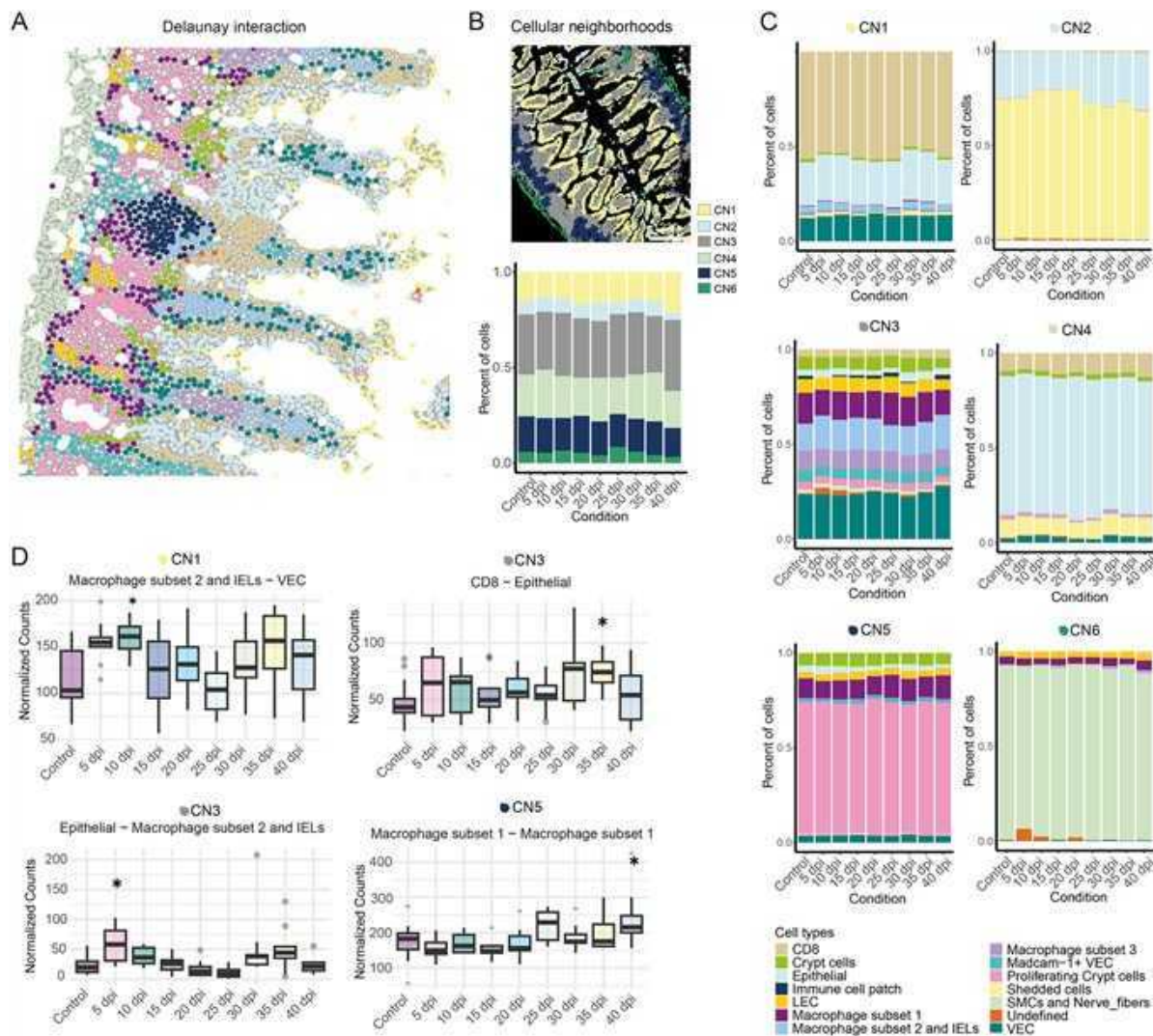


FIGURE 2
 Predicted cellular interactions with immune cells are changed in the disease and pre-disease state. **(A)** Delaunay triangulation-based interaction prediction of the different cell types in one example ROI. Figure legend see lower right bottom. **(B)** Example ROI of cellular neighborhoods (CN1 to CN6) detected in our data-set (upper part). Bar graph showing the mean percentage of cells of the different CNs at the different dpi (lower part). **(C)** Bar graphs showing the mean percentage of cells of the different cell types in CN1 to CN6 (upper left to lower right) at the different days post immunization (dpi). **(D)** Box plots showing the normalized predicted interactions (based on Delaunay triangulation) over time of the different cell types in one CN per ROI grouped by condition. CNs are indicated above the graphs. Number of predicted interactions between cell types in one CN per ROI were normalized on the cell number in the CN per ROI ($nCN_{interactions}/nCN_{cellcount} * 100$). Only significantly different cell type immune-cell type predicted interactions to the control are shown (one-way ANOVA $p < 0.05$ and Tukey HSD $p < 0.05$). Data are presented as boxplots showing the median (line), interquartile range (IQR, box), and whiskers extending to $1.5 \times IQR$. Outliers are shown as individual points. Statistical analysis was performed using one-way ANOVA. Multiple comparisons between the groups were performed with Tukey HSD. * $p < 0.05$ ($n \geq 3$). Control mouse samples derived from untreated control mice, day 0 or day 40.

or across all groups, were enriched for B cell-related GO terms. To reduce this bias, all B cell-associated DEGs were removed from further analyses (Supplementary Figure 4 and Supplementary Table 4). Differential gene expression analysis revealed the most changes at active disease state (998 DEGs), followed by the early disease state (199 DEGs) compared to controls (Figure 4E). At the pre-disease state, upregulated genes included *Oas2*, *Oas1a*, *Oasl1*, *Ifi44* and *Ifi44l* (Figure 4F), type I IFN-related genes involved in positive regulation of interferon production (Figure 4G). Similar GO terms were upregulated during the early disease phase (Figures 4H,I). At the disease state, during active joint and bone inflammation, upregulated GO terms included

positive regulation of leukocyte activation and inflammatory response (Figures 5A,B). In the resolution phase, DEGs were enriched for negative regulation of inflammatory pathways and immune responses (Figures 5C,D). Type I interferons can enhance endothelial activation and vascular leakage (Chen et al., 2020; Jana et al., 2022). Consistently, *Angpt1* steadily decreased, reaching its lowest expression during the early disease phase (Figure 5E), whereas *Tie1* increased during the early disease phase, harboring the potential to promote a pro-angiogenic phenotype via *Tie2* downregulation (Figure 5F; Savant et al., 2015). The adhesion protein *Vcam1* increased throughout disease, peaking at early disease (Figure 5G), and *Selp*, expressed by endothelial

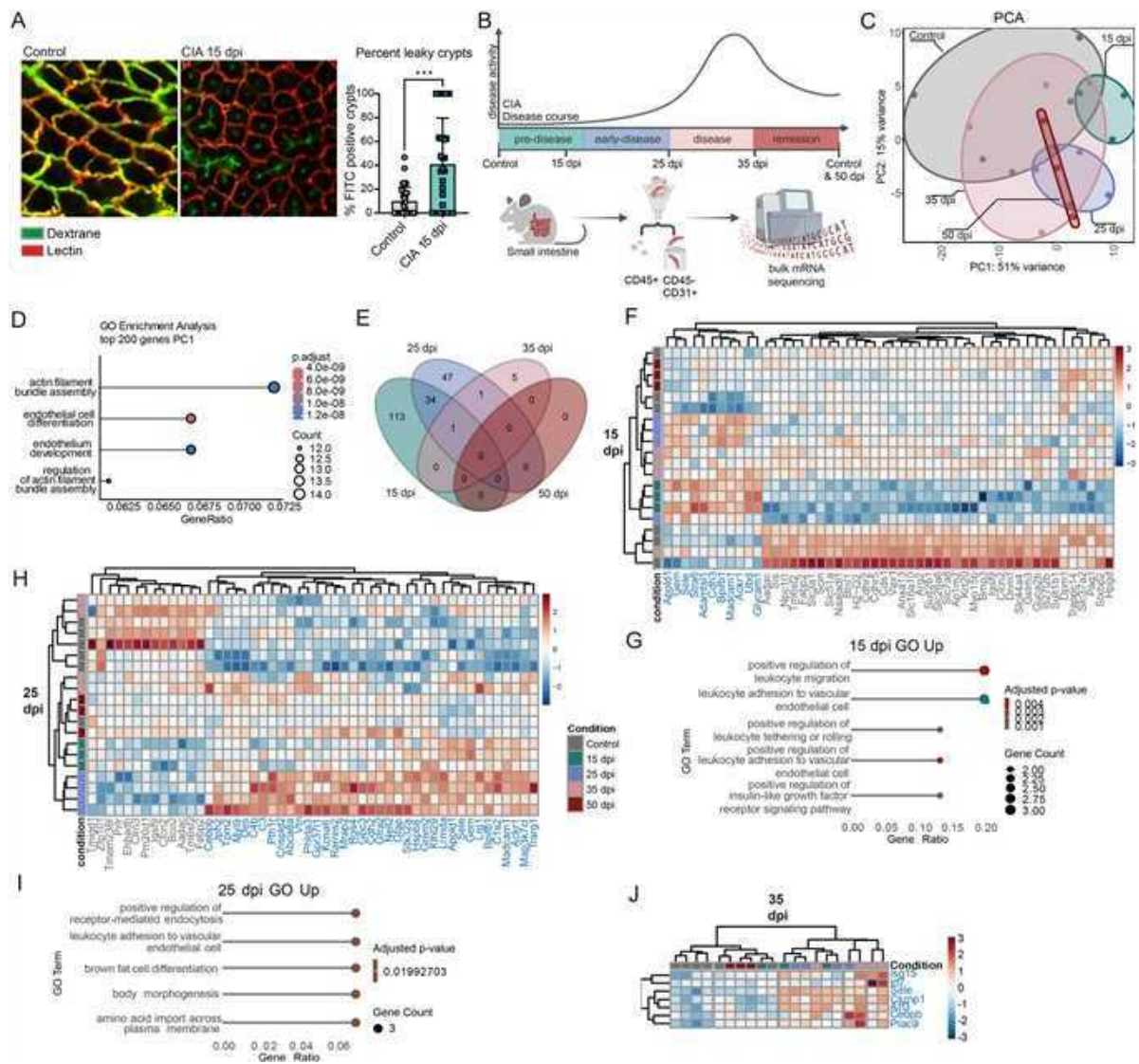


FIGURE 3

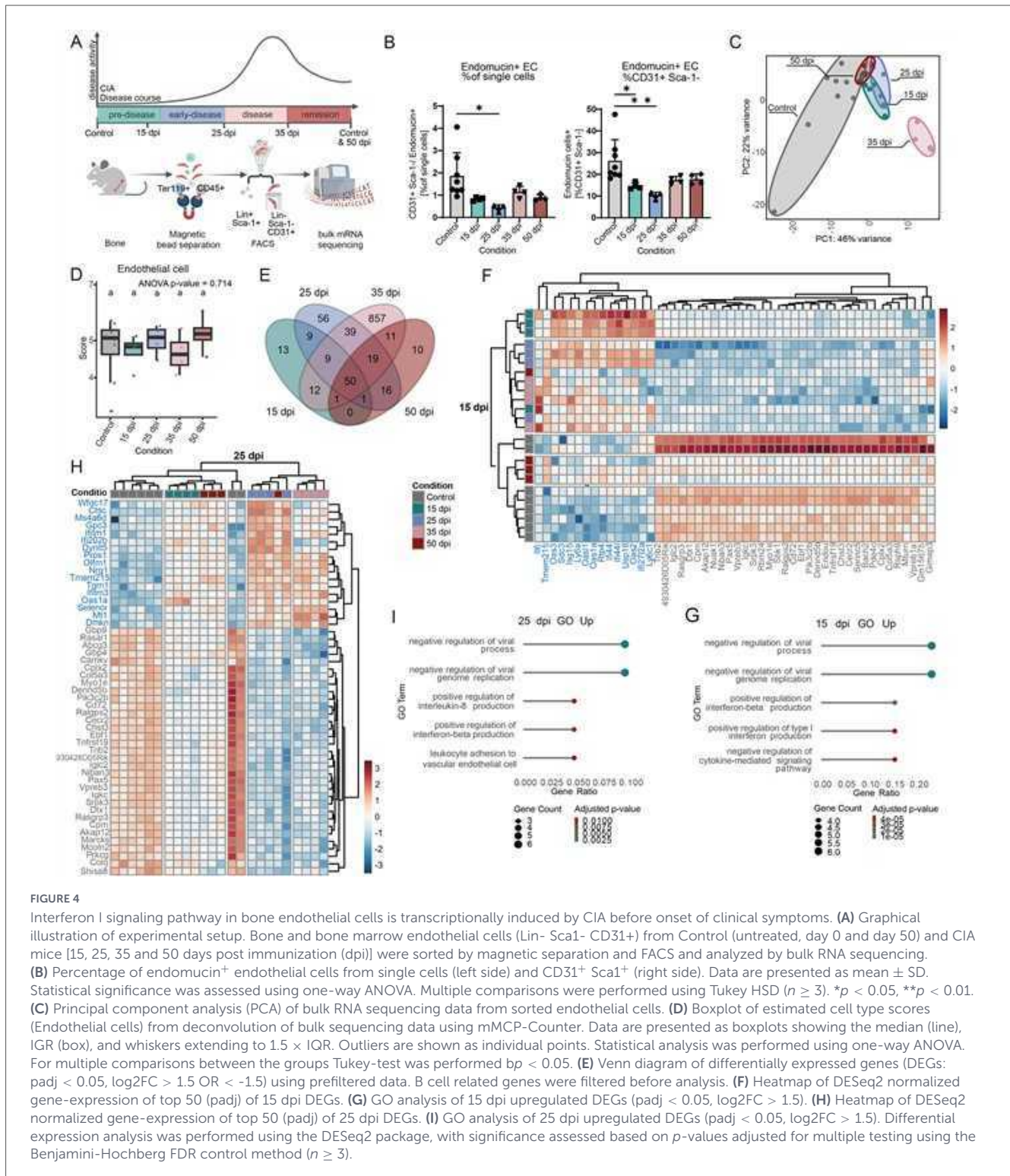
CIA changes transcriptional profile of small intestinal endothelial cells already in the preclinical phase. **(A)** Representative immunofluorescent images of colon vasculature of control mice and CIA mice 15 dpi (days post immunization) injected intravenously with FITC labeled dextran (70 kDa, measure of leakiness) and Cy5 labeled Lectin (labels blood vessels) (left side). Percentage of FITC positive crypts of total crypts (right side) per region of interest (ROI). Data are presented as mean \pm SD. Statistical significance was assessed using Mann-Whitney U test. $***p < 0.01$ ($n \geq 4$, with 6 analyzed ROIs per mouse). **(B)** Graphical illustration of experimental setup. Small intestinal endothelial cells (CD45- CD31+) from control (untreated, day 0 and day 50) and CIA mice (15 dpi, 25 dpi, 35 dpi and 50 dpi) were FACS sorted and analyzed by bulk RNA sequencing. **(C)** Principal component analysis (PCA) plot of bulk RNA sequencing data from sorted endothelial cells. **(D)** GO analysis of top 200 most variable genes of PC1. **(E)** Venn diagram of differentially expressed genes (DEGs; padj < 0.05 , log2FC > 1.5 OR < -1.5). Differential expression analysis was performed using the DESeq2 package, with significance assessed based on p -values adjusted for multiple testing using the Benjamini-Hochberg FDR control method. **(F)** Heatmap of DESeq2 normalized gene-expression of top 50 (padj) 15 dpi DEGs. **(G)** GO analysis of 15 dpi upregulated DEGs (padj < 0.05 , log2FC > 1.5). Only selected terms are shown. **(H)** Heatmap of DESeq2 normalized gene-expression of top 50 (padj) 25 dpi DEGs. **(I)** GO analysis of 25 dpi upregulated DEGs (padj < 0.05 , log2FC > 1.5). Only selected terms are shown. **(J)** Heatmap of DESeq2 normalized gene-expression 35 dpi DEGs. Differential expression analysis was performed using the DESeq2 package, with significance assessed based on p -values adjusted for multiple testing using the Benjamini-Hochberg FDR control method ($n \geq 3$).

cells, was elevated at early disease (Figure 5H; Barkalow et al., 2000).

Microbiota-specific serum IgG is increased in arthritic mice

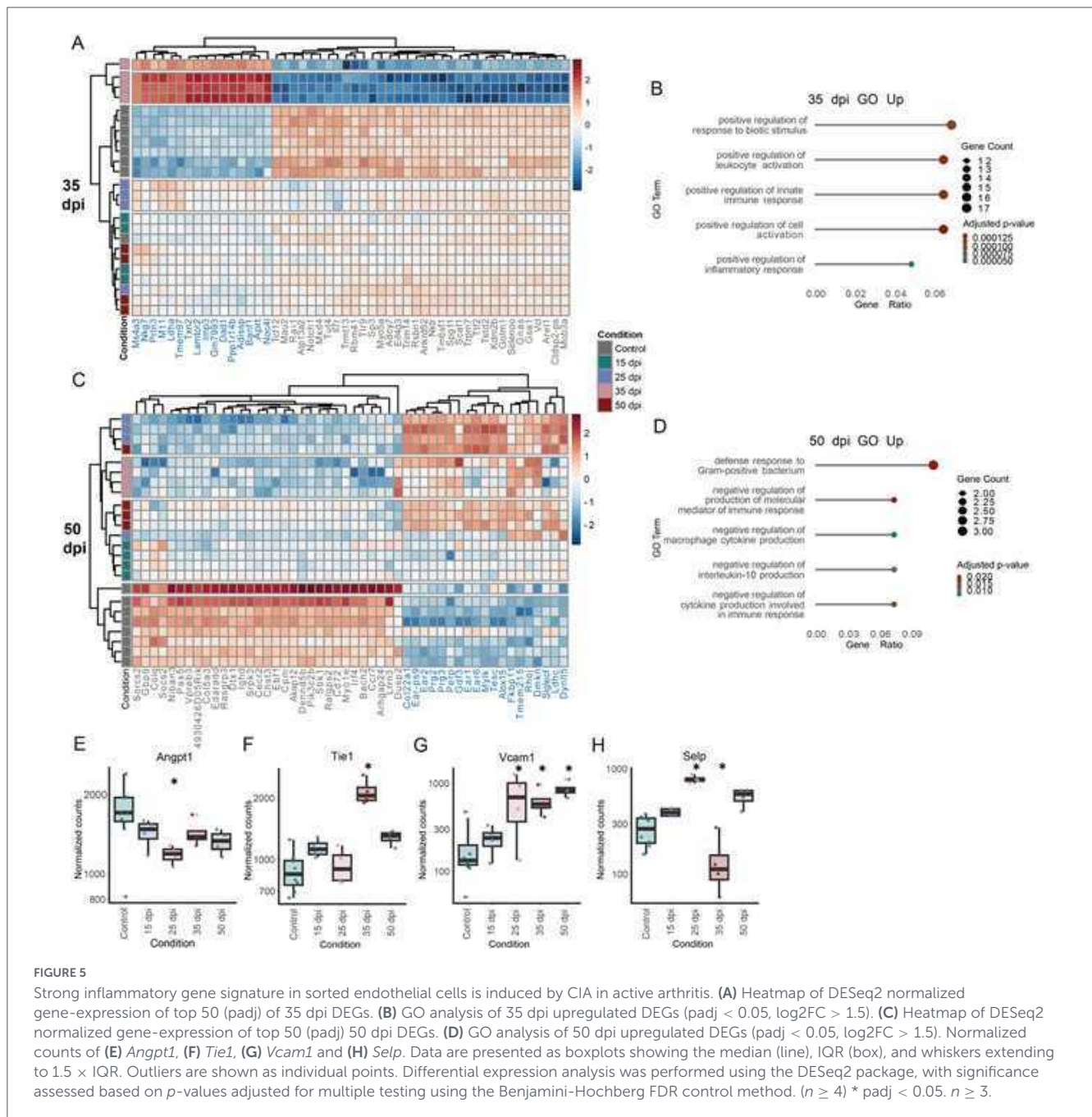
In mouse models and individuals with RA, gut microbiota composition was repeatedly shown to differ from healthy controls

(Liu et al., 2016; Zhang et al., 2015), potentially shaping local immune responses and systemic effects via endothelial cells (Kosiewicz et al., 2011). First, to assess microbiota changes during CIA, stool was collected from naïve controls and CIA mice in the pre-disease, early disease, active disease and remission phase for 16S rRNA-seq. Unweighted UniFrac analysis, sensitive to rare taxa, showed that principal coordinate (PCo) 1 (17.36%) primarily separated at early disease from other samples, and PCo2 (11.92%) separated at pre-disease collected gut microbiota



samples (Figure 6A). At the family level, early disease mice exhibited the largest deviations from naïve controls, with decreased *Lachnospiraceae* and increased *Prevotellaceae*, *Rikenellaceae*, and *Muribaculaceae*, while during pre-disease, mice already showed a trend toward lower *Lachnospiraceae* and higher *Lactobacillaceae* (Figure 6B). LEfSe analysis of the pre-, and early disease phases identified taxa with LDA scores > 2 showing that at pre-disease, five taxa, including *Tyzzereella* and *Lachnospiraceae*, were enriched; at early disease, five taxa including *Alistipes* and *Rikenellaceae*

were elevated (Figure 6C). To investigate whether these changes reflect systemic bacterial exposure, we measured microbiota-reactive serum IgGs in naïve control mice and CIA mice at pre-disease, early disease and active disease using pooled and allogenic stool coatings. This approach takes advantage of the systemic anti-microbiota IgG repertoire, which can indicate gut bacterial antigens that translocate across intestinal barriers (Vujkovic-Cvijin et al., 2022). This does not necessarily imply active translocation of intact bacteria but increased accessibility of bacterial antigens



to the systemic immune system, e.g., through mucosal immune system activation or transient barrier disruption, allowing antigen-specific IgG formation. Serum IgG reactivity to gut microbiota was significantly elevated in pre-disease mice and remained significant elevated through disease progression (Figure 6D).

To test if there is a specific gut microbial signature which drives the increase in serum IgG titres, we sorted purified serum IgG^{high} positive bacteria showing significant increases at the pre-disease phase (Figure 6E). Of the sorted serum IgG^{high} bacteria 20.8% were also coated with IgA, which was increased in the early disease phase (Supplementary Figure 5). When comparing the unweighted Unifrac distance with a focus on rare taxa at different identical timepoint as investigated before there is a significant difference at the pre-disease phase when comparing to control (Figure 6F). At genus level *Butyrivacter* and *GCA-900066575* define

the control group, while *ASF356* is characteristic for the pre-disease state and *Limosilactobacillus*, *Lactobacillus*, as well as *28-YEA-48* define the early disease (Figure 6G). On family level, mice at early disease show the highest deviation in the relative abundance levels from the control (Figure 6H), with lower levels of *Lachnospiraceae* and a concomitant increase of the families *Muribaculaceae*, *Bacteroidaceae*, *Rikenellaceae* and *Prevotellaceae*. Comparing unweighted UniFrac distances of IgG^{high} vs. total bacteria revealed clear separation in controls and at pre-disease, whereas later time points showed less distinction (Figure 6I and Supplementary Table 5). At steady state, genera contributing most to the difference between IgG^{high} and complete fraction included *Acinetobacter*, *Pseudomonas*, and *Staphylococcus* in the IgG^{high} fraction, and *A2* (*Lachnospiraceae*), *Ligilactobacillus*, and *Lachnoclostridium* in the total fraction (Figure 6J). Together,

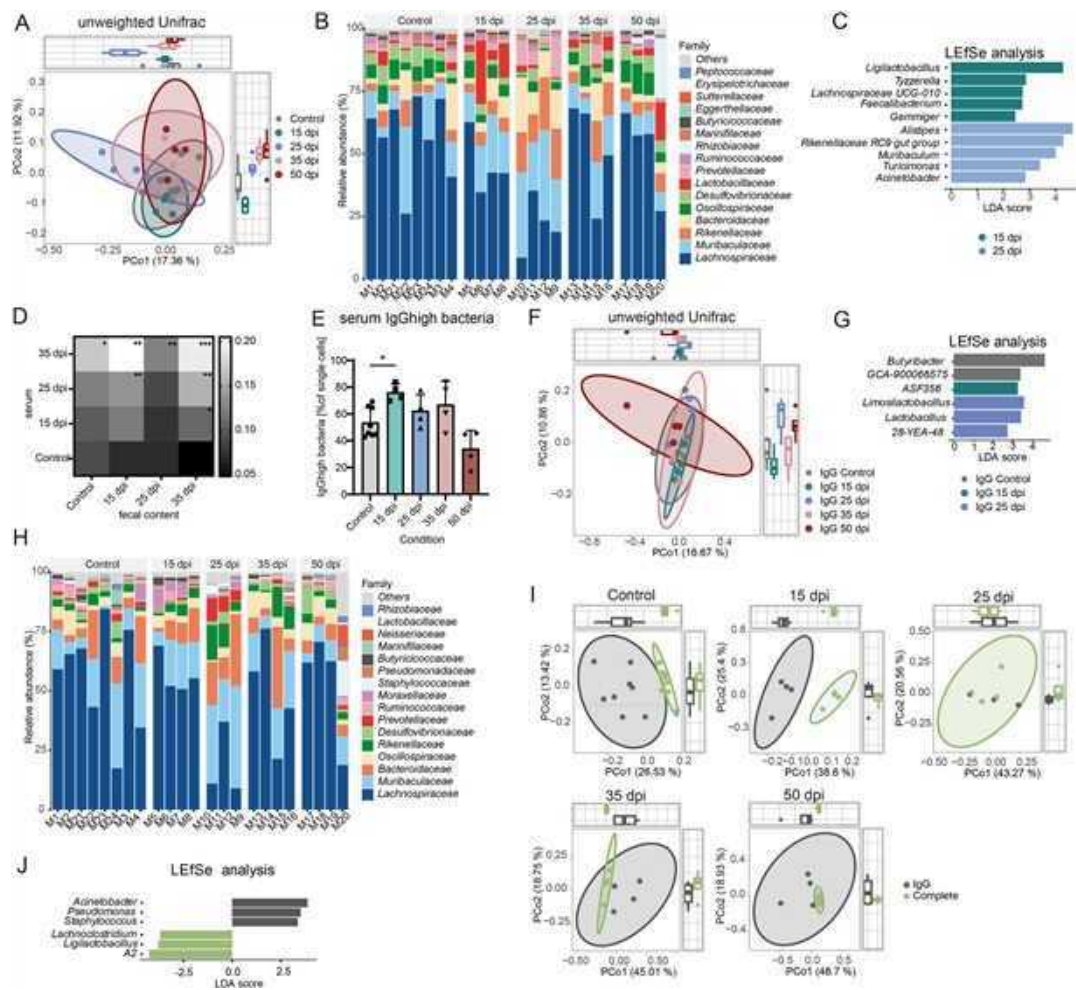


FIGURE 6

Serum IgG^{high} bacteria are relatively increased in pre-diseased mice and are distinct from the complete bacterial fraction. (A) Principal coordinate analysis (PCoA) plot of unweighted Unifrac comparing naïve control mice and different days post immunization (dpi) in CIA. PERMANOVA was used to test for differences between groups with 999 permutations. (B) Bar graph showing relative abundance of taxa at family level of the different mice grouped by condition. (C) LDA plot of LefSe analysis from fecal bacteria in naïve control mice and CIA mice at different time points. Features with an LDA score > 2 were considered statistically significant and biologically relevant ($n \leq 3$). (D) Levels of Microbiota-reactive IgGs in serum of naïve controls and CIA 15, 25, and 35 dpi measured per ELISA. Values given in arbitrary units (AU). Plates were coated with ileal content from naïve control mice, 15 dpi, 25 dpi and 35 dpi CIA mice. Statistical significance was assessed using two-way repeated measures (RM) ANOVA ($n = 3$). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. (E) Frequency of serum IgG^{high} bacteria from stool at the different dpi and naïve control mice. (F) PCoA plot of unweighted Unifrac comparing naïve control mice and different CIA time points in IgG high fraction. PERMANOVA was used to test for differences between groups with 999 permutations. (G) LDA plot of LefSe analysis from IgG^{high} bacteria in naïve control mice and CIA mice at different time points. Features with an LDA score > 2 were considered statistically significant and biologically relevant. Only the three highest scores from 15 dpi and 25 dpi are shown. (H) Bar graph showing relative abundance of taxa at family level of IgG^{high} fraction. (I) PCoA plot of unweighted Unifrac comparing IgG positive bacteria and complete bacteria in control and CIA mice at different time points. PERMANOVA was used to test for differences between groups with 999 permutations. (J) LDA plot of LefSe analysis from IgG^{high} bacteria and complete bacteria in naïve control mice. Features with an LDA score > 2 were considered statistically significant and biologically relevant. Only the three highest scores from 15 dpi and 25 dpi are shown. $n \geq 4$.

we show that levels of serum IgG specifically recognizing gut microbiota antigens rise already in the pre-disease phase and shift their binding specificity over time.

Early RA patient gut biopsies show altered predicted cellular interactions similar to arthritic mice

To evaluate the clinical relevance of our findings derived from the CIA model, we further examined ileal gut biopsies

from early RA (<1 year disease duration), established RA (> 1 year), IBD patients and healthy controls. Patient characteristics including demographic data are shown in [Supplementary Figure 6](#). Using the established IMC panel ([Supplementary Figure 7](#) and [Supplementary Table 6](#)), we detected 525,275 single cells, categorized by E-cadherin (epithelial), Collagen I (stromal), and CD45 (immune) ([Supplementary Tables 7, 8](#)). Rphenograph ($k = 50$) identified 23 clusters, which were assigned to cell types based on marker expression and spatial location ([Figures 7A,B](#) and [Supplementary Figure 8](#)). ROIs were pre-classified as epithelial, immune, or mixed epithelial/immune—based on the structural composition of the ROI ([Figure 7B](#)). Epithelial ROIs showed no

major cellular differences across conditions (Figure 7C). Immune and mixed ROIs displayed higher variability between patients (Figures 7D,E), although sample sizes were small. Blinded ROI selection aimed to acquire one epithelial and one immune area per patient. In healthy controls, most ROIs were epithelial (~77%), while early RA and IBD had relatively more immune ROIs (~37% and 33%, respectively). In contrast, established RA resembled healthy controls (~71% epithelial). These findings suggest that while overall cellular composition is similar across conditions, early RA and IBD biopsies may contain more immune-rich regions.

We used Delaunay triangulation ($\text{max_dist} = 20$) to predict cell-cell interactions between cell types (Figure 8A). Based on these predicted interactions, cells were assigned to six CNs, whose relative proportions remained stable throughout the disease course (Figures 8B,C). Epithelial tissue samples were enriched in CN2, immune tissues in CN3 and CN4, and mixed tissues showed intermediate distributions (Figure 8C). CN1 mainly contained crypt cells, CN2 epithelial cells, CN3 CD4^+ T cells, CN4 undefined cells, CN5 a mix of fibroblasts, macrophages and VECs, and CN6 epithelial cells with $\text{CD8a}^+\text{CD103}^+$ cells (Figure 8D). Looking at the mean cell type proportions in the different CNs, there is a high homogeneity between the tissue types (Figure 8D). In CN1, the immune-type, the healthy condition is represented by a single sample, showing a high proportion of undefined (cell type could not be characterized based on marker expression and spatial location), epithelial, and goblet cells. Cell-cell interactions were analyzed in the early RA group, corresponding to the pre- and early CIA stage, which showed the greatest intestinal changes. Compared to healthy controls, CN1 showed reduced fibroblast- cKit^+ predicted interactions, while CN2 exhibited increased $\text{CD8a}^+\text{CD4}^+$ predicted interactions. In CN3, interactions were predicted to be decreased between plasma-undefined cells, $\text{CD4}^+\text{cKit}^+$ cells, and $\text{CD8a}^+\text{cKit}^+$ cells. CN4 showed increased predicted interactions of B cells with CD4^+ , proliferating immune, and undefined cells. The largest changes occurred in CN5, with reduced $\text{CD4}^+\text{cKit}^+$, $\text{CD8a}^+\text{cKit}^+$, and fibroblast- cKit^+ predicted interactions, and increased $\text{CD8a}^+\text{CD103}^+$ -macrophage, macrophage-macrophage, and macrophage-proliferating immune predicted interactions. In CN6, $\text{CD8a}^+\text{CD103}^+$ cells had elevated predicted interactions with CD8a^+ cells (summarized in Figure 8E).

Early RA patients show signs of lymphocyte activation in the gut similar to IBD

IMC data revealed no major differences in cell type composition across conditions, but predicted interactions between cell types within CNs varied. To further explore cellular states, bulk RNA-seq. was performed on ileal biopsies from the same cohort. PCA showed that sample variance was largely independent of condition or sex, with PC1 explaining 56% of variance (Figure 9A). The top 200 genes influencing PC1 were associated with cellular components such as the brush border and apical cell regions, indicating structural differences between samples (Figure 9B). Expression of *CDH1* (E-Cadherin) and *PTPRC* (CD45) suggested patient-specific tissue-type differences, consistent with IMC observations (Figure 9C). Comparing normalized gene expression

to healthy controls, the largest differences were observed in early RA (99 DEGs: 90 up, 9 down), with upregulated genes involved in lymphocyte differentiation and B cell activation (Figures 9D,E,G). IBD samples showed 72 DEGs (61 up, 11 down), associated with T cell activation and chemokine-mediated signaling (Figures 9E,H). Looking for similar patterns in the regulated genes in the groups, most overlap is observed in the early RA and IBD group with 16 common genes (Figure 9F). Among these, 14 are upregulated in both groups and include the genes *LTB*, *CCR7*, *CCR4*, *CCL22*, *C3* and *CTLA4*, of which some are involved in the response to chemokines and positive regulation of inflammatory response to antigenic stimulus (Figure 9I).

Discussion

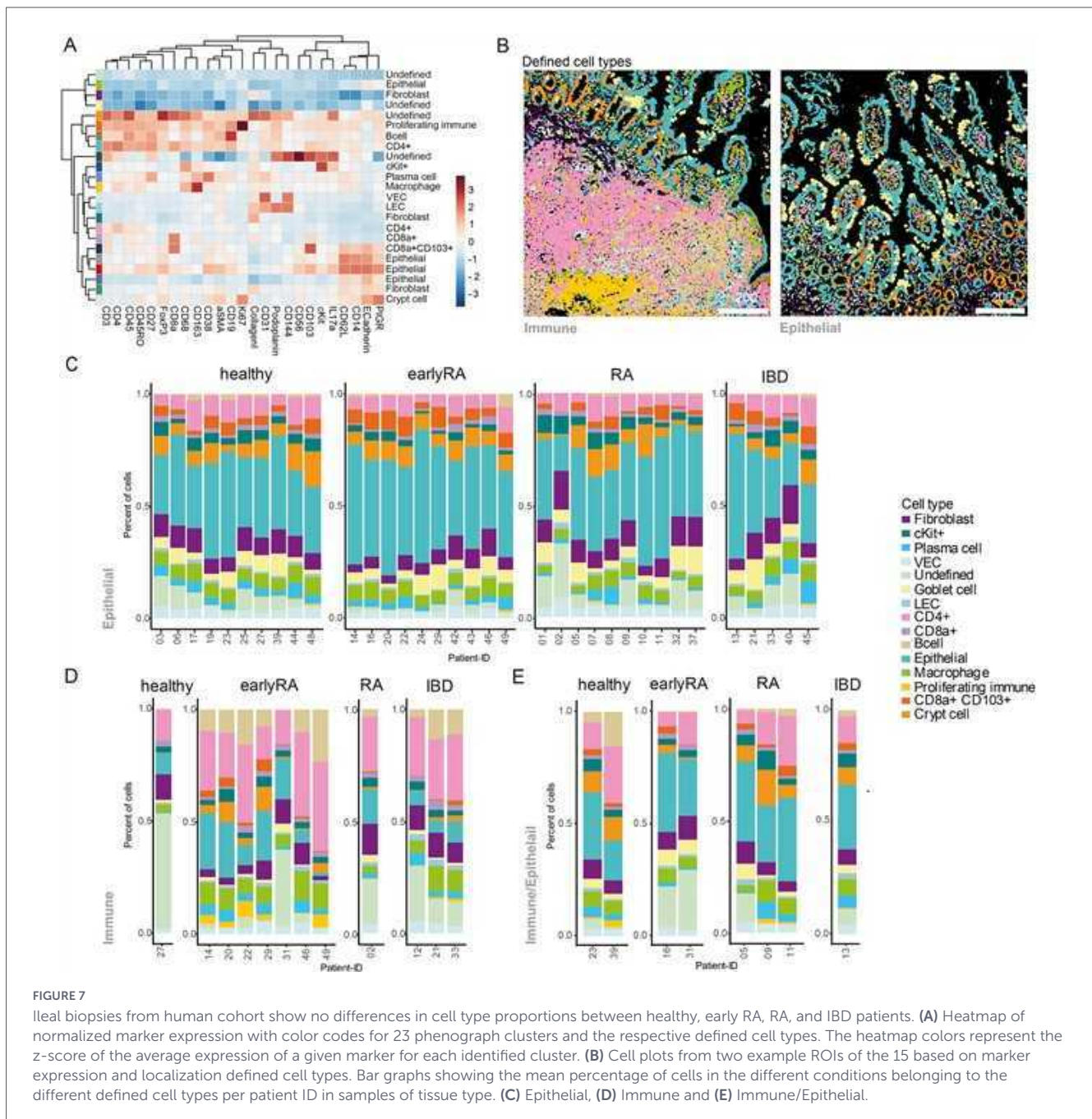
Using complementary mouse and human datasets, we demonstrate that intestinal endothelial and immune alterations precede or coincide with the earliest phases of inflammatory arthritis. These findings support a model in which mucosal barrier dysfunction actively participates in disease initiation rather than representing a secondary consequence of systemic inflammation.

In the CIA model, *in vivo* imaging revealed increased endothelial permeability in the intestine during the preclinical phase, preceding detectable synovial inflammation. Together with the published results on the epithelial leakiness in arthritis (Jubair et al., 2018; Matei et al., 2021; Tajik et al., 2020), such early vascular leakage may further facilitate the paracellular passage of microbial molecules systemically and permit immune cell infiltration into the lamina propria.

Endothelial leakiness is well documented in IBD (Langer et al., 2019) and in synovial vasculature during RA, where cytokines and growth factors disrupt junctional integrity and promote leukocyte influx (Middleton et al., 2004). Here, we show that intestinal endothelial cells undergo the most profound transcriptional remodeling already in the pre-disease phase and not during the active synovial inflammation. Upregulated genes associated with endothelial activation and leukocyte trafficking (e.g., *Sele*, *Madcam1*, *Glycam1*, *Ackr1*) suggest a primed vascular state that may shape subsequent mucosal immune activity.

Spatial neighborhood analysis of the IMC data from the intestine revealed a notable increase in predicted interactions among epithelial cells, vascular endothelial cells, IELs and macrophages. Consistently, in early RA patient biopsies, $\text{CD8}^+\text{CD103}^+$ IEL-like cells showed enhanced predicted interactions with macrophages and CD8^+ T cells, highlighting similar mucosal immune signatures in RA and CIA.

In contrast to the intestine, bone marrow endothelial cells exhibited a strong type IFN-I signature in the pre-disease phase, including upregulation of *Ifi44*, which was also shown to be elevated in synovial tissues and peripheral blood of RA patients (Elsayed Ramadan Genena et al., 2024; Rodríguez-Carrio et al., 2018). IFN-I signatures are consistently enriched in early RA, even before arthritis onset (Lübbbers et al., 2013), and are linked to bacterial translocation through their complex roles in the immune response to bacterial infections (Snyder et al., 2017) IFN-I can increase endothelial permeability and downregulate *Angpt1*, a stabilizing angiopoietin (Rafael-Vidal et al., 2023).



Concordantly, CIA bone endothelium showed reduced *Angpt1* and increased *Vcam1* and *Selp* expression, markers observed in IBD for endothelial dysfunction (Pickett et al., 2025; Schurmann et al., 1995), indicating endothelial activation and enhanced leukocyte trafficking. Although limited IFN-I-related genes were upregulated in the intestine, transcriptional remodeling was substantially more pronounced in the bone marrow tissue during active disease. While intestinal endothelial cells returned to baseline transcriptional profiles during remission, bone marrow endothelial cells retained distinct signatures, implying tissue-specific resolution dynamics.

In human intestinal biopsies, immune-cell-enriched regions were predicted to be more frequent in early RA than in established RA mimicking findings in IBD patients, predicting increased CD4—B cell interactions and pointing to early mucosal lymphoid activation. The increased predicted interactions between

CD8a⁺CD103⁺ cells and the higher frequency of macrophage contacts in the immune cell area could indicate early formation or reorganization of lymphoid structures in the gut, such as isolated lymphoid follicles or tertiary lymphoid structures, which play a key role in inflammation and autoimmunity (Fang et al., 2025).

Subsequent bulk RNA sequencing of identical intestinal biopsies showed significant enrichment of genes associated with response to chemokines and positive regulation of inflammatory response to an antigenic stimulus in early RA, including *LTB*, *CCR7*, *CCR4*, and *CTLA4*—genes that also elevated in IBD (Agyekum et al., 2003; Jo et al., 2003; Lo et al., 2024; Taquet et al., 2009) and linked to the formation of isolated lymphoid follicles or tertiary lymphoid structures (Neyt et al., 2012).

In contrast to RA, IBD is well recognized to involve gut-barrier disruption and heightened immune activation, processes

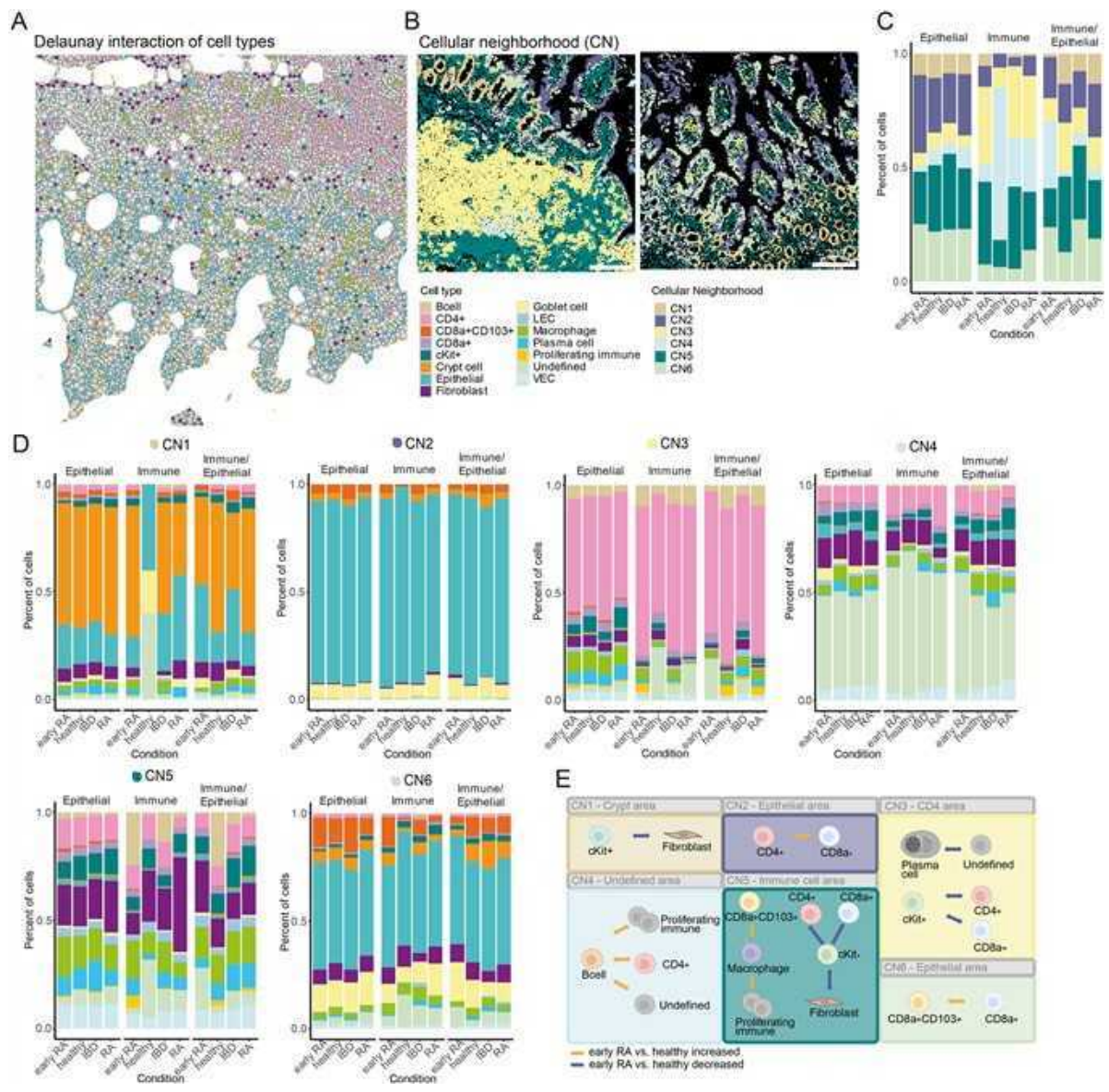
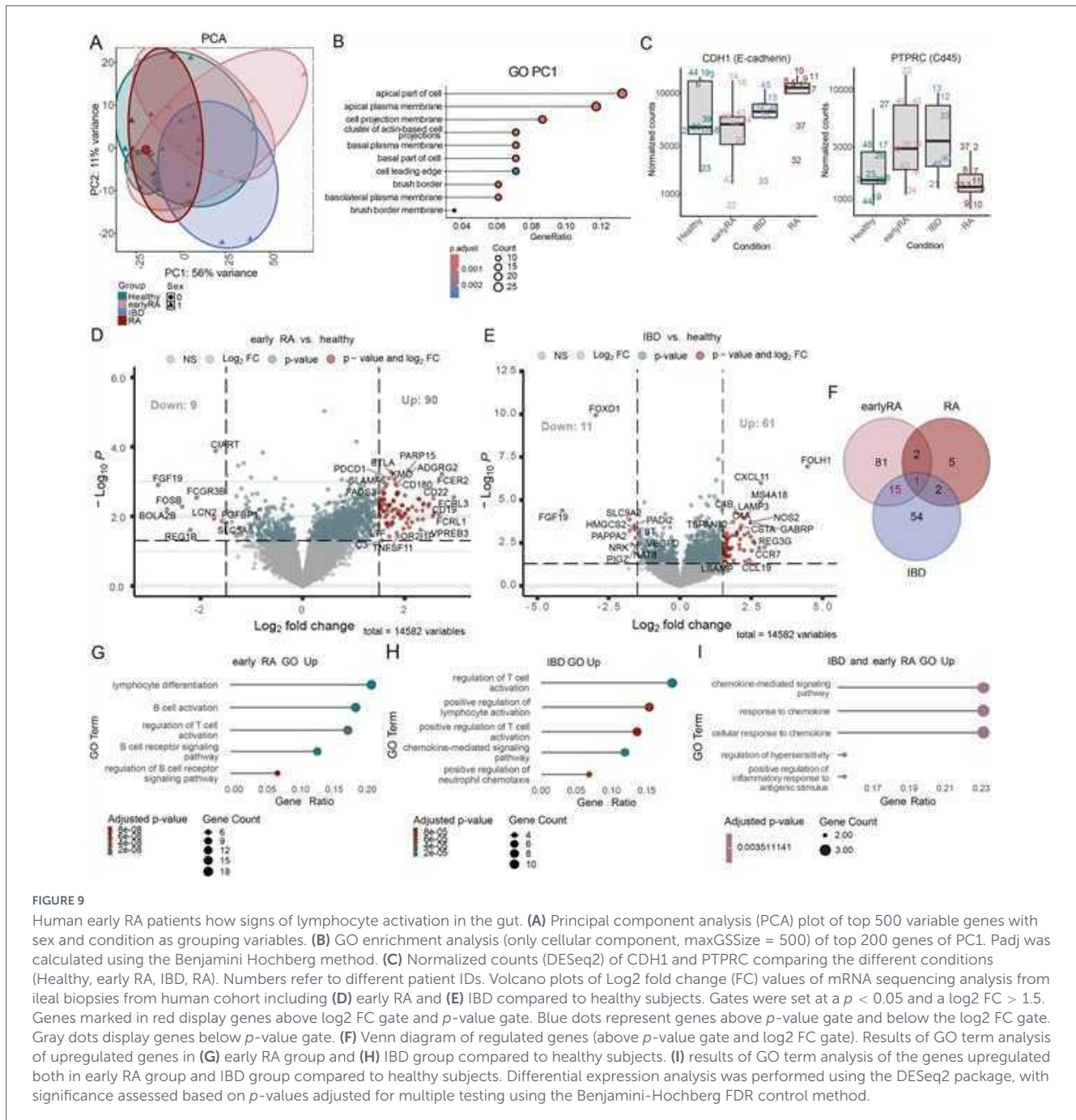


FIGURE 8
 Human early RA patients show changes in the predicted interaction of immune cells in cellular compartments. **(A)** Delaunay triangulation-based interaction prediction of the different cell types in one example ROI. **(B)** Cell plots of example ROIs of cellular neighborhoods (CN)1 to CN6 detected in the human data-set. **(C)** Bar graph showing the mean percentage of cells of the different CNs in the different conditions. **(D)** Bar graphs showing the percentage of cells of the different cell types in CN1 to CN6 (upper left to lower right) in the different conditions grouped by tissue type. **(E)** Graphical illustration of significantly changed predicted cellular interactions (one-way ANOVA $p < 0.05$ and Tukey HSD $p < 0.05$) in the different CNs comparing early RA patients with healthy controls. Predicted interactions (based on Delaunay triangulation) of the different cell types in one CN per ROI grouped by condition Number of Interactions between cell types in one CN per ROI were normalized on the cell number in the CN per ROI ($nCNinteractions/nCNcellcount \times 100$). Orange arrows indicates increased predicted interaction of the cell types. Blue arrows indicate reduced predicted interaction of the cell types.

strongly shaped by the intestinal microbiota. Levels of fecal bacteria coated with endogenous IgG are increased in both CD and UC (Harmsen et al., 2012; van der Waaij et al., 2004) and correlate with disease activity (Castro-Dopico et al., 2019; Rengarajan et al., 2020). Prior studies show that systemic IgG responses to selected commensals rise following bacterial translocation and that IgG-repertoire profiling can identify translocating taxa. Barrier impairment also drives divergence between systemic IgG and mucosal IgA repertoires, with IgG becoming enriched for translocating and proinflammatory organisms (Vujkovic-Cvijin et al., 2022). Consistent with this, we observed a progressive

increase in serum IgG responses to microbial antigens over the course of CIA, with IgGs recognizing intact bacteria peaking in the pre-disease phase. These antibodies likely target conserved surface structures such as β -glucans or lipopolysaccharides, indicative of T cell-independent class switching driven by pattern-recognition receptor signaling (Castro-Dopico and Clatworthy, 2019; Pone et al., 2012). This observation could reflect bacterial translocation as observed in clinical disease stages of RA already (Audo et al., 2022; Dunyach-Remy et al., 2025), increased antigen exposure due to barrier dysfunction or general systemic immune activation. While these possible mechanisms cannot be conclusively disentangled



here, it is likely that the observed increase reflects a combination of all three processes.

The subsequent rise during the disease phase in IgGs reactive to bacterial fragments suggests the onset of T cell-dependent responses, potentially reflecting adaptive immunity to invasive or adherent bacterial populations (Castro-Dopico and Clatworthy, 2019; Grasset et al., 2020).

Longitudinal binding assays and 16S rRNA sequencing of sorted IgG bound bacteria revealed an expansion of the IgG^{high} bacterial fraction and a convergence between rare-taxa composition and the overall microbial community, indicating that previously low-abundance taxa become increasingly targeted as immune activation intensifies and barrier function deteriorates. Rare taxa are known to exert disproportionate immunostimulatory effects

(Han and Vaishnav, 2023), e.g., members of the *Muribaculaceae* family have been reported to positively correlate with arthritis disease activity and pro-inflammatory cytokine levels such as IL-17 (Wang et al., 2022), while *Prevotellaceae* have been shown to trigger mucosal immune activation and promote CIA onset (Maeda et al., 2026) Due to that, the enhanced recognition of rare taxa observed here may contribute to early immune adaptation and shape the trajectory of autoimmune inflammation.

In early phases of arthritis, serum IgA coating bacteria were highest and coincided with an increased abundance of adhesive *Lactobacillus* species. In the later disease phase IgA and IgG responses to overlapping taxa are characteristic of polyreactive mucosal plasma cells, which can be generated independently of dietary or microbial antigens (Bunker et al., 2017).

Together, these findings support a model in which early endothelial activation compromises barrier integrity, enabling the translocation of bacterial products and the induction of both polyreactive and antigen-specific IgG responses. These antibodies may, in turn, amplify systemic inflammation through molecular mimicry or immune-complex formation, thereby contributing to arthritis initiation rather than being a purely secondary phenomenon.

Limitations and caveats

The present study is subject to certain limitations that suggest directions for future research. The relatively small sample size and notable inter-patient variability may limit the generalizability of the findings. Additionally, ROI selection, especially the differentiation between epithelial and immune regions, could introduce bias and may benefit from further standardization in future studies.

Materials and methods

Sex as a biological variable

The CIA experiments were examined exclusively in female mice because RA is more common in females (van Vollenhoven, 2009). The effect of microbiota reactive IgGs on the differentiation of osteoclasts was examined in male and female animals, and similar findings are reported for both sexes. Our human study examined male and female patients. These were analyzed as pooled data of both sexes without assessment of sex-specific differences.

Mice

All mice were maintained under specific pathogen-free conditions at the local animal facility or the at the Präklinisches Experimentelles Tierzentrum (PETZ), Erlangen, Germany and approved by the local ethics authorities of the Regierung of Unterfranken (00063105-2-4; 55.2-2532.2-630; TS-7/2021). Five to six-week-old wildtype female DBA/1J were purchased from Janvier (Janvier Labs, Le Genest-Saint-Isle, France) and acclimated for 1 week, followed by 2 weeks of co-housing before starting the experiment. The animals received water and standard chow (Sniff Spezialdiäten GmbH, Soest, Germany) *ad libitum*.

Collagen-induced arthritis (CIA)

CIA was induced in 8-week-old female DBA/1J mice by subcutaneous injection at the base of the tail with 100 μ L of 0.25 mg chicken type II collagen (CII; Chondrex) in Complete Freund's Adjuvant (CFA; Difco Laboratory) containing 5 mg/ml killed *Mycobacterium tuberculosis* (H37Ra). Mice were re-challenged after 21 days intradermal immunization in the base of the tail with 100 μ L of 0.25 mg chicken type II collagen (CII; Chondrex) in incomplete Freund adjuvant. The paws were evaluated for

joint swelling three times per week. Each paw was individually measured for paw thickness using a caliper. All CIA mice developed clinical symptoms. No exclusions due to deviating clinical scores were performed.

Treatment with $\alpha 4\beta 7$ antibody and Imatinib-mesylate

Vedolizumab ($\alpha 4\beta 7$ antibody) was administered by intraperitoneal injections (5 mg/kg bodyweight) 3 times per week starting 0 dpi until 21 dpi of CIA. Imatinib-mesylate (Merck, Darmstadt, Germany) was solved in DMSO (100 mg/mL) and diluted in PBS for daily gavage from 15 dpi until 25 dpi (50 mg/kg bodyweight).

Human study cohort

Intestinal biopsies from 40 individuals within the research project Intestinal link to Rheumatoid Arthritis (IntestRA) were acquired. Ethical approval was granted by the Swedish Ethical Review Authority on 13th January 2016 (number 2015-415). An amendment for the permission to send samples to Germany for a collaborative project has been approved on April 12th 2021 (number 2021-01477). Written informed consents have been acquired from all participants. Biopsies from 37 persons were sent and analyzed within the project A1 of CRC369.

In vivo imaging of colonic endothelial leakiness

In vivo assessment of colonic vascular permeability was performed as described previously (Langer et al., 2019; Regensburger et al., 2021) in collaboration with AG Stürzl at the Translational Research Center (TRC, Erlangen, Germany) as described in [Supplementary methods](#).

Imaging mass cytometry (IMC)

The protocol for the IMC workflow including tissue preparation and data analysis for mouse and human tissue are provided in [Supplementary methods](#). The used antibodies are listed in [Supplementary Table 1](#) for mouse and [Supplementary Table 6](#) for human tissue.

Bulk RNA sequencing analysis of murine intestinal endothelial cells

Intestinal endothelial cells were isolated as previously described by Tisch et al. (2022) with minor modifications. The detailed protocol for the isolation of intestinal endothelial cells, RNA extraction and bulk RNA Seq.-analysis are provided in [Supplementary methods](#).

Bulk RNA sequencing analysis of murine bone endothelial cells

The protocol for the isolation of bone endothelial cells, RNA extraction and bulk RNA Seq- analysis are provided in [Supplementary methods](#).

16S rRNA analysis of serum IgG bound fecal bacteria

The protocol for stool preparation, staining, FACS and 16S rRNA analysis are provided in [Supplementary methods](#).

Quantification of commensal bacteria-reactive IgG using ELISA

The protocol for stool preparation and ELISA is provided in [Supplementary methods](#).

Bulk RNA sequencing of human ileal biopsies

The protocol for tissue preparation, RNA extraction and bulk mRNA sequencing are provided in [Supplementary methods](#).

Data analysis and statistics

Statistical analyses were performed using Prism 9 software (GraphPad) and RStudio (R version 4.3.3). For comparisons between two independent groups with not normally distributed data, a Mann-Whitney U test was performed. For Comparisons between two dependent groups with not normally distributed data, a Wilcoxon matched-pairs signed-rank test was performed. For comparisons between two groups with normally distributed data unpaired or paired, two-tailed, Student's *t*-test was performed. Comparisons between more than two groups were performed using one-way ANOVA and *post-hoc* Tukey's or Dunnett's multiple comparison test. For the mRNA sequencing-analysis the DESeq2 package was used, which controls for False Discovery Rate (FDR) by using the Benjamini-Hochberg (BH) procedure with the FDR set to 0.05. For the GO enrichment, FDR control was performed using the BH procedure. Details on the statistical analysis are listed in the figure legends and the data analysis part in the IMC, 16S rRNA and bulk mRNA sequencing analysis. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; **** $p < 0.0001$.

Data availability statement

The source data underlying [Figures 1–9](#) and [Supplementary Figures 1–8](#) are provided as source data files. The bulk RNA-seq data (count tables) from sorted intestinal endothelial cells

([Figure 3](#)), bone endothelial cells ([Figures 4, 5](#)); 16S rRNA sequencing data ([Figure 6](#)), including datasets underlying [Figure 6B](#) (time-course, complete bacterial composition) and [Figure 6H](#) (relative abundance of IgG-high bacteria); and CyTOF data (MCD files) corresponding to the relevant experiments were deposited in Figshare (Doi: [10.6084/m9.figshare.31970031](https://doi.org/10.6084/m9.figshare.31970031); https://figshare.com/articles/dataset/Data_repository_Microbiota-specific_serum_IgG_links_gut_and_joints_through_immune_endothelial_crosstalk_in_arthritis/31970031). All relevant data are available from the authors upon reasonable request. The human bulk sequencing data underlying this manuscript cannot be shared publicly due to legal regulations related to the privacy of the individuals who participated in the study. However, we are willing to consider sharing data to researchers pending ethical approval from the Swedish Ethical Review Board and approval from the study steering committee (mario.zaiss@uk-erlangen.de).

Ethics statement

The studies involving humans were approved by Swedish Ethical Review Authority on 13th January 2016 (number 2015–415). The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study. The animal study was approved by the local ethics authorities of the Regierung of Unterfranken (00063105-2-4; 55.2-2532.2-630; TS-7/2021). The study was conducted in accordance with the local legislation and institutional requirements.

Author contributions

ES: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Project administration, Visualization, Writing – original draft, Writing – review & editing. NO: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Visualization, Writing – original draft, Writing – review & editing. SA: Formal analysis, Investigation, Visualization, Writing – original draft. HD: Formal analysis, Investigation, Visualization, Writing – original draft. MF: Investigation, Writing – original draft. EN: Investigation, Writing – original draft. MM: Formal analysis, Software, Writing – original draft. KS: Project administration, Writing – original draft. GS: Conceptualization, Writing – original draft. AK: Investigation, Resources, Writing – original draft. AS: Investigation, Resources, Writing – original draft. BW: Conceptualization, Writing – original draft. MZ: Conceptualization, Funding acquisition, Supervision, Writing – original draft, Writing – review & editing.

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Conflict of interest

The author(s) declared that this work was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fmicb.2026.1821367/full#supplementary-material>

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